



WORK CARD 6

EXAMPLES OF USING MOTIVATIONAL TOOLS AND TECHNIQUES IN WORKING WITH DISADVANTAGED ADULTS

| What is motivation? |
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| Why is motivation important in education? |
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| What challenges may surface when carrying out motivational exercises with participants from disadvantaged groups? How can you overcome them? |
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Write down ideas or examples for motivational tools, techniques and exercises, specifying what type of disadvantaged group/s they may be suitable for.

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