

EXERCISE 1 - UNDERSTANDING CRITICAL THINKING

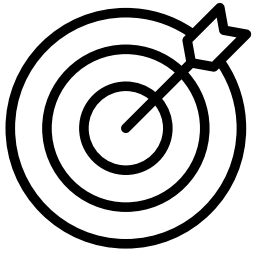


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Purpose of the exercise

to make participants aware of what critical thinking is and how it affects their daily work in green jobs.

Instructions



Individual reflection:

Ask participants to think for 5 minutes and write down examples of situations from their work where they have applied critical thinking. These could be decisions that involved evaluating different options, solving a complex problem or assessing risks.



Work in pairs:

Participants then share their examples with the person sitting next to them, discussing how critical thinking influenced their decisions or actions. In this part of the exercise, it is important for participants to understand how different cognitive processes (analysis, synthesis, evaluation) were applied in practice.



Presentation at a forum:

Each pair chooses one example to present to the group. They briefly present the situation, the decisions and the role of critical thinking.

Duration



5 minutes for individual reflection.



10 minutes for work in pairs.



15 minutes for forum presentations (2 minutes per pair).





Materials

- Sheets of paper and pens for participants.