

WORK CARD No.5: Applying adult learning principles in training instructions

1. Think about the teaching tasks you will have in the near future.
2. Write down below how you will apply the following principles of adult learning
3. Be prepared to present your findings to the group in a five-minute presentation.

Application of adult learning theory

- Facilities
- My credibility as a coach
- Participation
- Self-discovery
- Early achievements
- Positive reinforcement
- Feedback
- Life and work experiences that will affect adult learners
- Learning pattern
- Cultural differences in the group