

COACHING: THE FUTURE OF CAREER COUNSELING



INDIVIDUAL APPROACH

personalised support tailored to customer needs.



SOFT SKILLS DEVELOPMENT

focus on communication, leadership and time management.



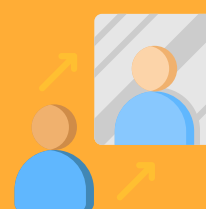
SUPPORT IN ACHIEVING OBJECTIVES

assistance in defining, planning and achieving career goals.



INCREASED SELF-AWARENESS

a better understanding of your strengths and motivations.



ADAPTATION TO CHANGE

support in adapting to new challenges and trends.



LONG-TERM DEVELOPMENT

focus on continuous personal and professional development.



INCREASE IN COMMITMENT

regular sessions increase motivation.



BETTER STRESS MANAGEMENT

learning stress management techniques.



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