

## MODULE 1. GET TO KNOW YOURSELF

# READY TO START

## 1. MATERIAL FOR THE ADVISOR: ROLE-PLAY EXERCISE SCENARIO



Co-funded by  
the European Union





## **1. MATERIAL FOR THE ADVISOR: ROLE-PLAY EXERCISE SCENARIO**

**On the basis of the presented dialogue between the career advisor and the client, one of the following tasks can be proposed, depending on the group:**

- Analysis of own professional experience:**  
Participants can prepare short descriptions of work situations in which they felt particularly successful and effective. Then, they present their experience in small groups, discussing what skills and qualities contributed to success.
- Simulation of an advisory interview:**  
In pairs, participants conduct a simulated advisory interview, where one participant is the advisor and the other is the client. Afterwards, they swap roles. Throughout the conversation they focus on identifying strengths and areas for development.
- Personal development planning:**  
Each participant creates an individual personal development plan in which he or she sets specific goals and methods to achieve them, based on previously identified strengths and areas for development.



**Questions for discussion with participants on the basis of the presented talk:**

**○ Reflection on strengths:**

- What skills and qualities have contributed to your greatest professional success?
- How can these skills be used in future projects or professional roles?

**○ Challenge management:**

- Describe a situation in which you had to manage a conflict or other difficult task. What skills proved to be crucial in this situation?
- What steps can you take to further develop these skills?

**○ Development planning:**

- What areas in your professional profile require further development? What specific actions do you intend to take to improve these areas?
- What resources or support can help you achieve your development goals?