

## MODULE 1. GET TO KNOW YOURSELF

**READY  
TO  
START**

### **3. MATERIAL FOR THE ADVISOR: ROLE-PLAY EXERCISE SCENARIO**



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### **3. MATERIAL FOR THE ADVISOR: ROLE-PLAY EXERCISE SCENARIO**

The trainer starts the exercise with a short lecture on the importance of recognising career predispositions. He or she explains how **interpersonal, analytical and technical skills influence career success**:

*Recognising one's professional predispositions, such as interpersonal, analytical and technical abilities, is crucial for career success. Interpersonal skills enable effective collaboration and relationship building. Analytical skills enable accurate data analysis and informed decision-making. Technical skills ensure effective problem solving and innovation. Understanding one's natural predispositions allows for a better career fit and greater job satisfaction.*

The trainer divides trainees into groups of 3-4. Each group will have to perform different scenes related to certain professional predispositions.

Each group receives cards with a description of the roles to be played:

- a person with strong interpersonal skills (consultant, HR)

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- a person with strong analytical skills (data analyst, accountant)
- a person with strong technical skills (engineer, programmer)

Each group is given one of the following scenes to act out, which are designed to demonstrate the application of given career predispositions in practice.

To perform the scenes, each group has 10 minutes. After the role-play, each group presents their results in front of the rest of the participants. A joint discussion follows on the observations and on the conclusions concerning the career predispositions.

The career advisor sums up the workshop, emphasising the importance of understanding one's own professional predispositions and how they affect career choice and success. The advisor encourages participants to continue their reflection and to use the career predisposition assessment tools available on the market.

He/she asks questions:

- What did you learn about your career predispositions?
- What career predispositions do you notice in yourself?
- What steps can you take to make better use of your predispositions in your career?

MODUŁ 1. POZNAJ SIEBIE  
3. MATERIAŁ DLA DORADCY: SCENARIUSZ  
ĆWICZENIA TYPU PLAY & ROLE



It is important that the trainer creates an atmosphere of support and openness so that participants feel comfortable with the role play and sharing of reflections.

The trainer encourages active participation and questions.

Through the role-play activity, participants will be able to better understand their career predispositions and apply this knowledge to conscious career planning.