

MODULE 1. GET TO KNOW YOURSELF

READY TO START

4. MATERIAL FOR THE ADVISOR: ROLE-PLAY EXERCISE SCENARIO



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The career advisor starts the exercise with a short lecture on the importance of passions and interests in career choice. He explains **how passions and interests can influence career choice and job satisfaction:**

Passions and interests play a key role in career choice, as they can significantly influence our motivation and job satisfaction. If work is in line with our passions, we are more engaged and satisfied with what we do, which leads to greater career success. Therefore, understanding and identifying our own passions and interests can help us find the job that brings us the greatest fulfilment.

He/she then divides the participants into groups of 2. Individuals play client and career counsellor. It is advisable to form 2 groups per subject. You will be able to compare the results at the end of the exercise. Each group will have to act out different scenes related to the identification of passions and interests.

Each group receives cards with a description of the roles they will play:

- Person with a passion for art (painting, photography) - you are a person with a great passion for painting and photography. You derive great joy from creating and expressing yourself through art.

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- Person with a passion for technology (programming, engineering)
- Person with a passion for helping others (health care, social work)
- Person with a passion for sport (training, sports management)

Each group is given one of the following scenes to perform, which aim to show how passions and interests can indicate relevant professions and industries.

After the role-play activity, each group will share their results with the rest of the participants. This will be followed by a collaborative discussion where the group can collectively explore the observations and conclusions regarding the impact of passions and interests on career decisions.

The trainer concludes the workshop by highlighting the importance of passions and interests in career choice and job satisfaction. He/she encourages participants to further reflect and explore their interests and passions in the context of their careers. **Next he/she asks questions:**

- What passions and interests have you noticed in yourself?
- What professions and industries might be related to your passions?
- What steps can you take in order to approach a career in line with your passions?



It is important to create an atmosphere of support and openness so that participants can feel comfortable with role-playing and sharing reflections.

The trainer encourages participants to actively participate and ask questions.

Through this exercise, participants will be able to better understand how their passions and interests can influence their choice of career path and how they can achieve greater satisfaction and fulfilment at work.