

MODULE 1. GET TO KNOW YOURSELF

**READY
TO
START**

PRE-TEST



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PRE-TEST

Please read each question carefully and choose the answer that best describes your beliefs or knowledge. Mark only one answer (a, b, c) for each question.

The test is designed to verify your knowledge and to help you understand key aspects related to your career choice. Please answer honestly and according to your own experience.

1. Recognising your strengths allows you to:

- a. Ignore weaknesses
- b. Utilize them in your career
- c. Avoid new challenges

2. Identifying weaknesses helps to:

- a. Understand areas for development
- b. Pretend they don't exist
- c. Focus only on strengths

3. Why understanding your values and preferences is important at work?

- a. It makes it possible to align the professional environment with personal values
- b. It helps to find the best paid jobs
- c. It makes it possible to ignore difficult colleagues



4. What might indicate the occupations and industries in which a person might feel most fulfilled?

- a. The number of job offers in a particular industry
- b. Passions and interests
- c. Salary level

5. Career predisposition assessment involves:

- a. Predicting future career success
- b. Understanding one's natural abilities
- c. Choosing an occupation at random

6. Reflecting on life experience helps to:

- a. Ignore past mistakes
- b. Make changes or confirm the development path
- c. Focus solely on the past

7. Understanding your professional needs and expectations allows you to:

- a. Realise someone else's career plans
- b. Adapt better to your work
- c. Avoid contact with work colleagues



8. Career strengths include:

- a. Features that make work difficult
- b. Skills that we can use professionally
- c. Areas for improvement

9. Career weaknesses are:

- a. Areas we can ignore
- b. Features that are always negative
- c. Areas we can develop

10. Values at work may include:

- a. exclusively remuneration
- b. independence, cooperation, stability or intellectual challenges
- c. only what is easiest to achieve



PRE-TEST ANSWERS

question no.	answer	text
1.	b)	utilize them in your career
2.	a)	understand areas for development
3.	a)	it makes it possible to align the professional environment with personal values
4.	b)	passions and interests
5.	b)	understanding one's natural abilities
6.	b)	make changes or confirm the development path
7.	b)	adapt better to your work
8.	b)	skills that we can use professionally
9.	c)	areas we can develop
10.	b)	independence, cooperation, stability or intellectual challenges