

MODULE 1. GET TO KNOW YOURSELF

READY TO START

WORKSHEET 10.



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CASE STUDY:

From a young age, Anna has always enjoyed solving problems with computers and programming. She took a job as a programmer at a mobile app development company.

This work enabled her to utilize her programming skills to create innovative solutions. Despite her passion for programming,

Anna found it difficult to cope with the pressure and excessive workload. She has overcome this by learning to organise her time effectively and setting realistic goals for herself.

Anna feels fulfilled when she sees how her work translates into the success of the projects she is part of. She particularly enjoys the positive feedback from the users of the applications she co-creates. She has always admired innovative technology developers and wants to continue developing her skills in the IT industry. She also plans to undertake additional courses and trainings in programming.

On the basis of Anna's story, analyse your occupational situation.

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1. What steps have you taken to combine your interests with your career?

2. How have you dealt with difficulties and challenges at work, such as pressure and overload?

3. What achievements at work give you the most satisfaction and why?



4. What actions do you take to continuously develop your professional skills, in line with your aspirations and career goals?

5. What are your future plans in terms of continuing your career in the industry and how do you intend to achieve them?
