MODULE 3. DECISION MAKING IN CAREER PLANNING



POST-TEST





Co-funded by the European Union







POST-TEST

You are going to face a test to assess your knowledge after training. Please read each question carefully and choose one correct answer (a, b, c or d).

The test consists of ten parts. Each of them covers a different aspect of the training topic. Your answers will help us assess the effectiveness of the training and identify areas that require further development.

1. How can you apply MBTI results to make informed career decisions?

- \square a. By choosing careers suggested by the test results
- □ b. By understanding how personality traits align with job requirements and work environments
- \Box c. By using the results to improve personal relationships
- d. By changing personality traits according to job market demand

2. Which of the following is an essential skill gained from the decision-making workshop that can directly influence career success?

- \Box a. TAbility to work under pressure
- b. Enhanced ability to analyze career-related decisions from multiple perspectives
- C. Improved academic skills
 - d. None of the above



3. From what you learned, what is a crucial first step in the career decision-making process after identifying a need for change?

- $\hfill\square$ a. Searching for a new job immediately
- □ b. Defining the problem clearly and precisely
- \Box c. Consulting with friends and family
- \Box d. Taking a vacation to clear your mind

4. What was emphasized about the role of self-assessment in career planning during the workshop?

- \Box a. It is optional and not typically necessary
- \Box b. It helps to identify what one wants and the sacrifices one is

willing to make

- □ c. It should be performed by external consultants only
- \Box d. It is less important than industry research

5. Which of the following best describes the benefit of engaging in group activities during career workshops?

- \Box a. Only to make the session more enjoyable
- \Box b. To provide a platform for networking
- ☐ c. To enhance understanding through shared experiences and collaborative learning
 - d. To reduce the duration of the workshop



6. Reflecting on the stages of decision-making discussed, which stage involves evaluating the fit between one's personality and potential career paths?

- 🗌 a. Awareness
- 🗌 b. Research
- □ c. Evaluation of identified alternatives
- d. Implementation

7. After identifying a career decision-making problem, what is a crucial next step according to the training?

- \Box a. Consulting with peers for advice
- □ b. Starting a new job search immediately
- $\hfill\square$ c. Conducting self-assessment to align personal values and

career

 \Box d. Taking a break to think

8. How does MBTI assist in career decision-making, based on the workshop content?

- \square a. By determining the exact career to pursue
- □ b. By describing preferences, not prescribing solutions
- □ c. By ensuring job success
- \Box d. By guaranteeing compatibility with all job types



9. Which strategy would be most effective for integrating new career options into one's life, based on the workshop's advice?

- a. Making immediate, significant life changes
- □ b. Gradually and thoughtfully incorporating new options and assessing their impact on your lifestyle
- \Box c. Waiting for opportunities to come without proactive action
- \Box d. Changing career paths annually

10. From the workshop, what is a key element when evaluating career options involving multiple stakeholders?

- a. Giving priority to the opinions of others over personal preferences
- b. Ignoring all external opinions to focus solely on personal desires
- \Box c. Balancing personal preferences with external opinions
- ☐ d. Relying entirely on external validation

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ANSWER KEY

