

MODULE 3. DECISION MAKING

**READY
TO
START**

WORKSHEET 1.



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The first step-in decision-making process is raising awareness of the existence of the problem. This phase is usually characterized by a feeling of increasing uneasiness about a certain aspect of personal and professional life, ie. awareness of an incentive to change something. Very often it is not possible to make change immediately because the stages of awareness can occur before the key problem is identified. As a result, the first step requires clearly defining the problem before looking for solutions.

Write down what professional or life problem would you like to solve! Share your thoughts with the person sitting across you.

A simple line-art icon consisting of two overlapping speech bubbles. The bubble on the left is larger and contains a question mark. The bubble on the right is smaller and is partially behind the first one.