

POST-TEST: Conscious Fashion



Instructions:

The test consists of 15 single-choice questions.

Mark only one correct answer (A, B or C). The test is used to assess participants' knowledge before the workshop. First mark the answers and then check the results using the answer key.



1. How can you recognize an ethical clothing brand?

- A. It regularly changes the assortment in the store
- B. Has fashionable collections and low prices
- C. Has organic certification and transparency in production

2. What are the effects of excessive garment production?

- A. Increased competition in the fashion industry
- B. Water pollution, worker exploitation and excess waste
- C. Overcrowding of factories and economic growth

3. How does fast fashion contribute to global warming?

- A. It affects climate change through deforestation of jungles
- B. It has no effect on global warming
- C. By emitting CO₂ in the process of manufacturing and transporting clothes.

4. What does the term capsule closet mean?

- A. A minimalist way of dressing based on one brand
- B. A collection of seasonal clothes tailored to current trends
- C. A closet full of clothes that fit many styles

5. How much water is needed to produce one cotton T-shirt?

- A. 2,700 liters
- B. 1000 liters
- C. 500 liters



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6. How can the negative impact of fashion on the environment be reduced?

- A. By replacing your closet every season
- B. By buying less, choosing better quality clothes
- C. By buying more clothes in big chain stores

7. What does greenwashing mean?

- A. A new way of dyeing fabrics without chemicals
- B. Misleading customers with false green claims
- C. Reliable information about the organic production of clothes

8. What brands are most associated with fast fashion?

- A. Zara, H&M, Shein
- B. Patagonia, Stella McCartney
- C. Levi's, Reebok

9. What is slow fashion?

- A. A trend in sports fashion
- B. Clothing produced exclusively by small local companies
- C. Fashion based on conscious choices and sustainable materials

10. What is the main problem with polyester in clothing?

- A. It's cheaper, but it doesn't have a negative impact on the environment
- B. It releases microplastics into the environment during washing
- C. Is a natural and biodegradable material

11. What does the term fast fashion mean?

- A. Clothes designed by famous designers
- B. Fast production of cheap clothing inspired by current trends
- C. Fashion based on the quality and durability of clothes



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12. Which material is more environmentally friendly than polyester?

- A. Acrylic
- B. Organic cotton
- C. Nylon

13. Which of the following certifications guarantees the organic production of clothing?

- A. CE
- B. ISO
- C. GOTS

14. What is the biggest barrier to choosing slow fashion?

- A. Lack of fashionable cuts
- B. Less availability and higher price
- C. Lack of environmental impact

15. What is the most sustainable way to buy clothes?

- A. Buying disposable clothes for special occasions
- B. Buying from lumpx stores or from ethical brands
- C. Frequently buying fashionable clothes from chain stores



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