

PRE-TEST: Conscious Fashion



Instruction:

The test consists of 15 multiple-choice questions.

Select only one correct answer (A, B or C). The test is used to assess participants' knowledge before the workshop.
First mark your answers and then check your results using the answer key.



1. What does the term fast fashion mean?

- A. Fashion based on the quality and durability of clothes
- B. Fast production of cheap clothing inspired by current trends
- C. Clothes designed by famous designers

2. How much water does it take to produce one cotton T-shirt?

- A. 500 liters
- B. 1000 liters
- C. 2700 liters

3. What is the main problem with polyester in clothing?

- A. It is a natural and biodegradable material
- B. It releases microplastics into the environment during washing
- C. It is cheaper but does not negatively affect the environment

4. What is slow fashion?

- A. Fashion based on conscious choices and durable materials
- B. Clothing produced exclusively by small local companies
- C. Trend in sports fashion

5. Which of the following certificates guarantees ecological production of clothing?

- A. GOTS
- B. ISO
- C. CE

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7. What does greenwashing mean?

- A. Reliable information about ecological clothing production
- B. Misleading customers with false ecological declarations
- C. New way of dyeing fabrics without chemicals

8. What is the most sustainable way to buy clothes?

- A. Buying from second-hand shops or ethical brands
- B. Often buying trendy clothes from chain stores
- C. Buying disposable clothes for special occasions

9. What are the effects of overproduction of clothing?

- A. Factory overcrowding and economic growth
- B. Water pollution, worker exploitation and excess waste
- C. Increased competition in the fashion industry

10. What does the concept of a capsule wardrobe mean?

- A. A closet full of clothes that match many styles
- B. A collection of seasonal clothes that match current trends
- C. A minimalist way of dressing based on one brand

11. How can the negative impact of fashion on the environment be reduced?

- A. By buying less, choosing better quality clothes
- B. By buying more clothes in large chain stores
- C. By changing your wardrobe every season

12. Which material is more eco-friendly than polyester?

- A. Organic cotton
- B. Acrylic
- C. Nylon

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13. What brands are most associated with fast fashion?

- A. Patagonia, Stella McCartney
- B. Zara, H&M, Shein
- C. Levi's, Reebok

14. What is the biggest barrier in choosing slow fashion?

- A. Less availability and higher price
- B. No environmental impact
- C. No fashionable cuts

15. How can you recognize an ethical clothing brand?

- A. It has ecological certificates and transparent production
- B. It has fashionable collections and low prices
- C. It regularly changes the assortment in the store



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