

MODULE 1. FROM FAST FASHION TO SUSTAINABLE FASHION



EXERCISE 1.



WARDROBE ANALYSIS – HOW MANY OF YOUR CLOTHES COME FROM FAST FASHION BRANDS?

The aim of this exercise is to raise awareness about how many items in your wardrobe come from fast fashion brands and to reflect on your own consumption habits.

Do you pay attention to the origin of the clothes you buy?

Based on your wardrobe or from memory, **select 10 random clothing items.**

LP.	TYPE OF CLOTHING (E.G. T-SHIRT, TROUSERS, SWEATER, DRESS)	BRAND	IS IT FAST FASHION? YES/NO
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			