

EXERCISE 4.

“TRANSFORMATION CHALLENGE - FROM TRADITION TO TREND”



ESTIMATED TIME: 90 MINUTES (OR OVER 2 SESSIONS IF DYEING IS INVOLVED)

FOCUS: CREATIVITY, PROTOTYPING, UPCYCLING, VISUAL PLANNING, CULTURAL STORYTELLING



VISUALIZE THE POSSIBILITIES (10 MIN):

- WHAT DO I WANT TO FIX, HIGHLIGHT, OR CHANGE?
- HOW CAN I GIVE NEW LIFE TO SOMETHING TRADITIONAL LIKE A DOILY OR LACE?
- WILL I DYE IT, LAYER IT, OR REPOSITION IT AS PART OF A MODERN GARMENT?



SKETCH YOUR IDEA (15 MIN):

ON PAPER, DRAW YOUR REDESIGNED ITEM. MARK AREAS WHERE THE DOILY OR LACE WILL BE ADDED. INDICATE ANY PARTS TO DYE, CUT, PAINT, OR STITCH.

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ON THE BACK OF YOUR SKETCH OR A NEW SHEET, WRITE A SIMPLE STEP-BY-STEP PLAN:

- WHAT WILL YOU DO FIRST?
- WILL YOU DYE YOUR DOILY?
- WHAT TOOLS OR MATERIALS WILL YOU NEED?
- WHAT WILL BE YOUR FINAL TOUCH?

NOTE: IF DYEING THE DOILY, PLAN FOR A TWO-DAY PROCESS TO ALLOW DRYING BEFORE ATTACHING IT TO THE GARMENT.



START YOUR TRANSFORMATION (45 - 55 MIN)

GATHER YOUR MATERIALS AND TOOLS: THREAD, NEEDLES, SCISSORS, DOILIES, TEXTILE DYE OR PAINT, LACE.

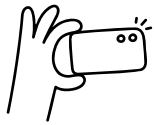
START WITH THE FIRST STEP OF YOUR PLAN—DYE THE DOILY (IF NEEDED), ARRANGE AND PIN YOUR DESIGN.

AS YOU WORK, YOU MAY DISCOVER SOMETHING DOESN'T LOOK OR FEEL QUITE RIGHT—THAT'S PART OF THE CREATIVE PROCESS!

MAKE ADJUSTMENTS AS NEEDED. USE YOUR IMAGINATION TO PROBLEM-SOLVE. ASK PEERS OR THE EDUCATOR FOR FEEDBACK.

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REMEMBER:

TAKE A PHOTO BEFORE, DURING, AND AFTER THE TRANSFORMATION. YOU CAN USE THESE LATER FOR REFLECTION, SHARING, OR BUILDING A PERSONAL UPCYCLE PORTFOLIO.

Before



After

