

# Exercise 3

## WRITE DOWN YOUR IDEAS ON A DAILY BASIS

An interesting exercise is to write down our ideas on a given topic on a piece of paper every day. The area of this exercise depends only on you.

The topic can be related to your work, private life, hobby or simply whatever came to your mind. Your goal is to identify 10 ideas.



### EXERCISE:

- take a piece of paper and a pen,
- write the topic of the exercise at the top of the paper, e.g. 10 ideas for improving the workplace in the company

This exercise will develop your ability to generate new ideas, and additionally help you identify interesting solutions that you can implement. When you run out of ideas, take up the topic: "10 ideas how to have 10 ideas". Sounds like a challenge?

Let's do it!

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.