



Worksheet 9

Monthly planning is a wonderful ritual that gives a broader perspective on our lives, achievements and dreams.

By moving from general goals to specific tasks, you feel in control of your life and it is easier to do the actual work that brings you closer to your desired goals.

Contrary to popular beliefs, a monthly plan does not have to take a lot of time.

Prepare yourself a hot cup of tea and **PLAN YOUR MONTH**

JULY

