

EXERCISE 4

DELEGATION OF TASKS

It is a team exercise. You will need at least 3 participants.

Instructions:

- One person should select 1 unpleasant task they have to perform in their work. In this game, they can delegate it to their colleague.
- The person who is delegating their work should explain the task to their colleague and encourage them to perform it.
- The second participant needs to evaluate how well the delegator explains his task. The third person writes down the results.
- Discuss the results. Change the roles and repeat the exercise. There should be 3 rounds.



At times, there are situations when you need someone to help you. The idea of this game is to learn that delegating tasks is important for effective time management. The thing is that you should not hesitate to ask for assistance. If you are a manager, you need to choose the right person to perform your task for you.

