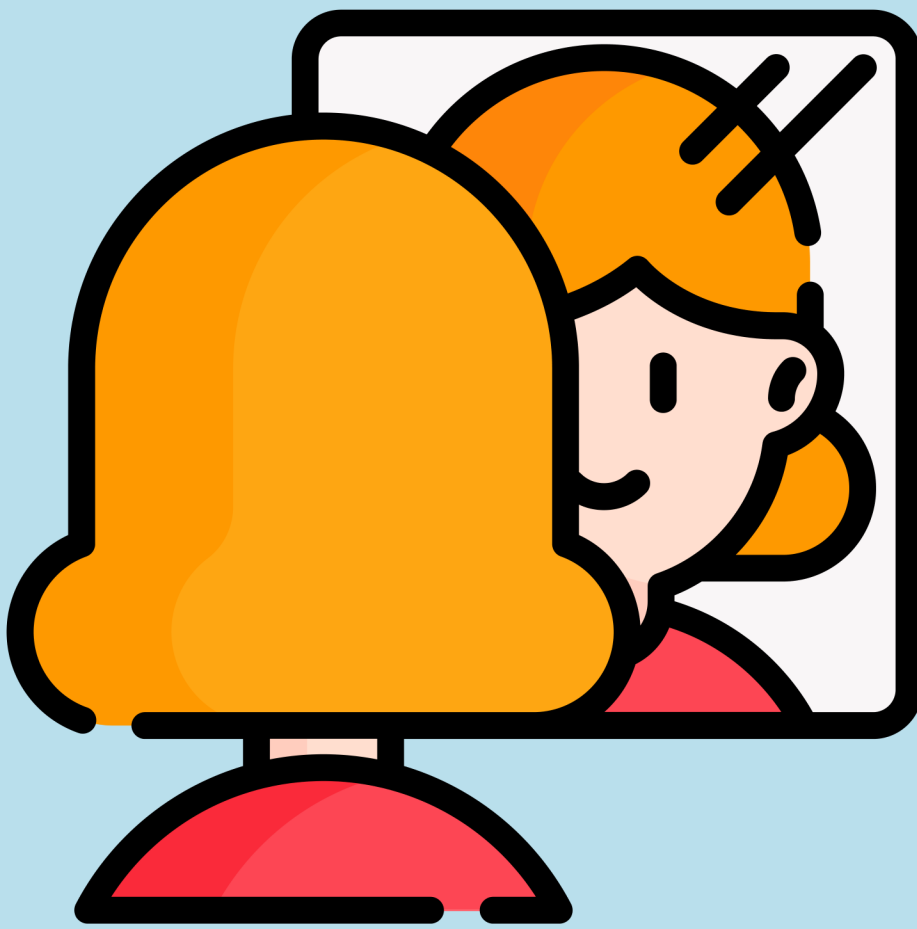




# WORKSHEET 2



## SELF-AWARENESS FOR GOOD LEADERSHIP IN A REMOTE WORK SETTING



Effective leadership requires a large measure of self-awareness

In a study, when 75 members had to choose the most important capability for leaders to develop, their answer was very clear: self-awareness.

**WHEN WE SEE OURSELVES CLEARLY, THERE ARE MULTIPLE BENEFITS TO OURSELVES AND OTHERS THEY BOOST CONFIDENCE AND CREATIVITY**

Self-aware leaders make sounder decisions, they build stronger relationships, and communicate more clearly.

**SELF-AWARENESS IS EVEN MORE IMPORTANT IN MANAGING REMOTE TEAMS**

In a remote setting, due to lack of social interactions, the lack of self awareness from the leaders can be even more obvious leading to demotivated teams and creating a toxic environment.